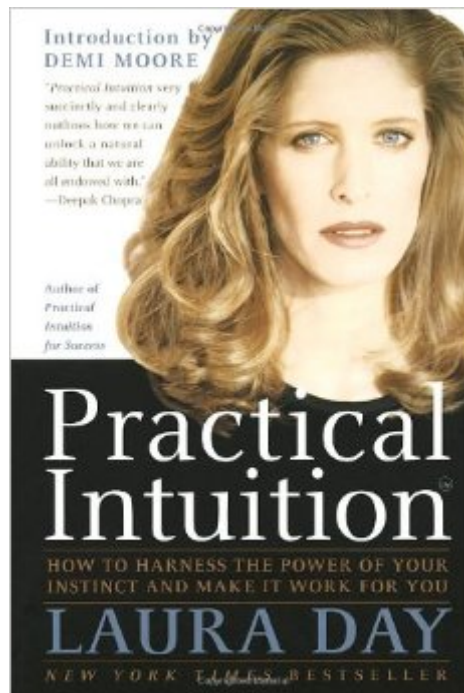


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Practical Intuition: How To Harness The Power Of Your Instinct And Make It Work For You



Synopsis

Gut feeling.Â Â Sixth sense.Â Â Hunch.Â Â No matter what it's called, intuition plays a part in the decisions we make every day.Â Â In seminars around the world, Laura Day has taught business people, financial analysts, celebrities, homemakers, doctors, lawyers, and other professionals how to consciously tap this hidden ability.Â Â Now, through a step-by-step program, first-person accounts, and real-life examples, Day shows you how to unlock the remarkable power of your mind. Practical Intuition will help you: follow your hunches and control your enthusiasms make better investment and business decisions "read" other people more accurately make more informed decisions about your health know whether a partner is right for you understand what you really want to do with the rest of your life and much more

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Customer Reviews

This book is my foundation work on intuition. It has rewarded my investment more than a thousand times over in money alone, and the insight and practical advice I have received through these intuitive exercises in other areas of my life have been worth as much again. This book differs markedly from many other books about intuition by simplifying and demystifying the whole subject. While so many other books will have you carrying out lengthy efforts of "tuning in" and receiving impressions to no particular purpose, this book gets you started right away dealing with issues of practical importance in your own life. After a couple of short introductory chapters, explaining how it works and what you will need, the exercises begin almost immediately. As the book progresses, you will formulate three burning questions of your own and carry out a series of exercises to refine and

provide insight into them. The book contains 26 such exercises in all, every one different, and all carried out "blind", that is to say without knowing which question you are answering. Some of the author's own questions are thrown in, so you really never can guess the question you are dealing with. This is not the kind of book you can simply dip into or read for interest alone. You are forced to carry out the exercises as you reach each one before moving on in the text. This may be off-putting to some, but following the rules will reward you with much practical experience by the end of the book, and most likely some genuinely useful answers to a few of your own questions. Added to this, the book is full of examples from the author's students, so you get plenty of insight and encouragement from the efforts of other novices. If you are serious about putting intuition to practical use in your life, then this is the book to get. In fact, it may be the only book you will ever need on the subject.

Laura Day's book, PRACTICAL INTUITION, describes ways that we can develop our psychic senses and connect more clearly with the truths that are out there -- such as what job is best, what partner is best, what to do to improve one's health, and how to make better investment and business decisions. Most of us suffer from occasional lapses in what we call "reason" or "judgement", in which we ignore deeper knowledge of who we are and what we need. This knowledge is fully accessible to each and every one of us, according to Day, who provides fun and informative exercises designed to build up our intuitive talent. PRACTICAL INTUITION sets itself apart from other intuition books by starting with the working assumption that we all have access to universal truths and can see the future, feel how others are feeling, and generally live our lives in mystical fashion. I love this approach to the subject of intuition, because I share these beliefs and enjoy experiencing the magic in life. I love the section Day includes in this book which shows you how you can quickly help almost anyone become your own psychic guru (even when they don't think they are psychic at all) -- for those times when you need an unbiased opinion, and don't want to hire a psychic. This is a very creative technique that you're sure to have lots of fun with as you get the answers you need to those burning questions. Would you like to find out how intuitive you can really be? Are you open to the possibility that you already know exactly who you are and what is best for you? PRACTICAL INTUITION picks up where other intuition books leave off, and can raise your intuitive ability to heights you never knew you could reach.

My third eye, that is. I "accidentally" purchased this book and did the exercises exactly as she instructed. I was struck by the accuracy of my visions. Laura's book is a great teaching tool to

expand your intuition. BUT it takes discipline. Practical Intuition is dynamite when you're willing to devote the time. It took me 5 weeks. I used it to evaluate the men I dated-- with telling accuracy. I was tired of these guys disappointing me -- using my newly developed psychic abilities gave me a boost.UPDATE: Married a wonderful man and you can bet I "looked" to see if he was husband material for me. Absolutely! We've been happily married for several years now.Meanwhile, I suspected a family member of trying to steal my mother's bank account. Caught him in the act. What a shock. He could have succeeded if I didn't know how to turn on my 3rd eye.

Finally, finally, I found the book that helped me give structure to my readings. Since I was seventeen (I am twenty-three as I write this review) I've been using my intuitive abilities to read people, but I've always wanted to give more order to the information I was getting since it somehow came across as scattered. At long last the RIGHT book to help me do just that has come my way!Thank you, thank you, Laura Day! PRACTICAL INTUITION is a life-changing book!

This book made a big difference in my life. I am a man whose mind was trained in logic but recently I found it harder and harder to make decisions, big or small. The exercises in Practical Intuition helped me access information in a creative, imaginative way -- they unblocked me and decision-making became easier and faster. I still use logic. I still analyze data. But now I trust my instincts much more and find that my hunches are usually right on the money. I highly recommend this book to anyone looking for new ways of thinking and seeing the world.

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